

# Families' Lived Experiences, Quality of Life, and Health Equity in Childhood Nonsyndromic Clefts in Transboundary Haze Areas: A Hermeneutic Study with Border Health Nongovernmental Organizations

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## INTRODUCTION

Families living with childhood clefts in border and haze-affected areas face intertwined feeding, social, travel, language, documentation, and referral challenges. This study interpreted lived experience and health equity while incorporating the systemic perspective of a border health NGO.

## MATERIALS & METHODS

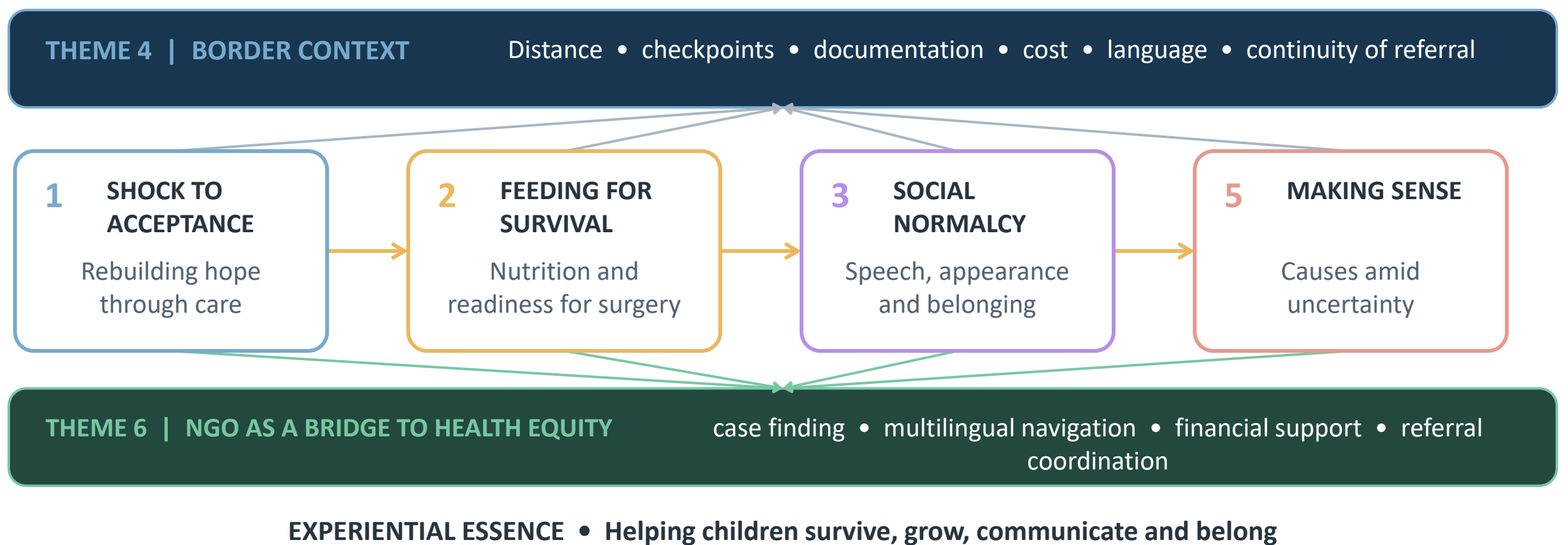
Hermeneutic phenomenology (van Manen) with purposive sampling. Family and NGO narratives were analyzed separately, then synthesized using the 6 phases of reflexive thematic analysis. Ethics approval: HREC-UP-HSST 1.2/188/68.

## SAMPLE BREAKDOWN: 15 COMPLETE TRANSCRIPTS

| Data-source type                          | Transcripts | Perspective represented                           |
|-------------------------------------------|-------------|---------------------------------------------------|
| Individual or family caregiver interviews | 8           | Individual family experience                      |
| Small-group or family discussions         | 6           | Shared and contrasting family experience          |
| NGO key-informant group discussion        | 1           | Systemic border-health perspective (3 informants) |

Unit of analysis = usable transcript file, not individual participant. Some transcripts included more than 1 participant or family.

## RESULTS: HOW FAMILY EXPERIENCE INTERACTS WITH THE BORDER SYSTEM



## VOICES FROM LIVED EXPERIENCE

"When my child was born...I was deeply saddened."

FAM-LAO-09

"She could not breastfeed, so we had to buy formula milk for her."

FAM-LAO-07

"Border communities live far away and cannot access treatment."

NGO-01

Verbatim English translations from participant transcripts

## POLICY IMPLICATIONS

- Multilingual counseling, information and reminders
- Cross-border case coordinators for referrals, documents and travel
- Needs-based family support and formal referral partnerships across hospitals, border agencies and NGOs

## CONCLUSION

Family resilience alone cannot overcome structural barriers. Equitable cleft care requires family-centered services, multilingual navigation and coordinated cross-border referral pathways. Perceptions of haze and chemical exposure are contextual, hypothesis-generating evidence - not proof of causation.